



Dear Club Rep,

Rules

- **15 Minute Matches** (No half time)
- **5 v 5 (Incl GK)**
- **Rolling subs** (THE GAME WILL NOT BE STOPPED FOR SUBS) there must never be more than 5 players on the court at any time. Therefore players that are being subbed off need to be off the court before the subs can enter. If there are more than 5 players on the courts at one time a foul may be given.
- **No Offside**
- **Kick-ins** instead of Throw-ins from the sideline.
- **Goal Clearances** instead of goal kicks (Keeper must throw/roll the ball)
- **Pass back rule** - From Goal Clearances you cannot pass the ball back to the GK until the opposition touches the ball. In the defensive half of the court the GK has a maximum of 4 seconds on the ball and can only receive it once. The GK can have unlimited time on the ball in the attacking half as a Rush/Fly GK
- **The 4 second rule** – For kick-ins, free kicks, goal clearances and corner kicks the player in possession of the ball has 4 seconds to restart play which the referee will count with their fingers in the air. If play isn't restarted within four seconds an indirect free kick will be awarded to the opposing team.
- **3 Foul limit** - 4 fouls in one game = 10M PENALTY and any fouls after that = 10M PENALTY
- **The 5m rule** – Players are required to keep 5m from the player in possession of the ball on free kicks, corners, goal clearances, kick-ins and penalties.
- The Referee has the final decision any abuse towards referees may result in automatic disqualification.

If there are any rules that you are unsure of please ask one of the referees on the courts to clarify on The day.

I hope to see you all on the day!

Ize (Balham Ballers FC)